

THE **BIG**



Resurrection Life Centre

BREAKFAST

**A Full English Breakfast
& Shower Facilities**

Every Saturday & Sunday Morning

08:00am - 10:00am

FREE

SERVING THE HOMELESS AND FAMILIES IN NEED



The Resurrection Life Community Resource Centre (The RLC) - Chadwell Heath

VISION & MISSION

The RLC is a not-for-profit charity organisation located in the London Borough of Barking and Dagenham (LBBD), Chadwell Heath. It works in partnership with the LBBD and other Government agencies providing a range of educational, training and social welfare services to individuals, children and families, to help in the prevention and alleviation of poverty.

The RLC is committed to delivering economic and Community Development programmes through the creation of employment and training opportunities for members of the public. Over the last ten years it has been actively dedicated to serving the community and adding value to the lives of people through a range of creative projects and initiatives such as the Family Crisis Intervention Project; Independent Parenting Assessment and Skills Development Programme; Family Contact Services; Out of School Services for Children and Young Persons; apprenticeships and student training programmes in Early Years Education and Social Work Education, among others.

THE **BIG** BREAKFAST TABLE

The RLC funds and delivers its projects through a combination of fee paying services, donations and voluntary contributions from members of the public, as part of its commitment to poverty alleviation and community development. The Big Breakfast is a new project in line with this same vision and mission of The RLC.

PROJECT SUMMARY

Providing a healthy full English Breakfast meal for the homeless and deprived residents of Barking & Dagenham.

Project Name

The Big Breakfast Table

Inception Date

Saturday 15th June 2019 and then every Saturday and Sunday.

Service Operation Times

**8.00am–10.00am
(Every Saturday and Sunday)**

TARGET GROUP

The project is aimed at families that are experiencing material deprivation and lack of financial resources thereby placing them at risk of homelessness.

The Big Breakfast offers a hearty and healthy meal every weekend morning, basic toiletries, shower facilities and a fresh change of clothes! Moreover and perhaps most importantly – giving them time: time to talk and know they are cared about and not alone.

DESCRIPTION

The RLC Community Resource Centre Big Breakfast Table Project would be a service delivered in partnership with the LBBD Homeless Hostels Services. The service is for the Homeless, deprived and people accommodated in emergency accommodation within the London Borough of Barking and Dagenham and neighbouring boroughs irrespective of gender, age, race, religious beliefs or personal orientation.

WHAT WE PROVIDE FOR OUR GUESTS

SHOWER FACILITIES

We also provide shower facilities for the free use of our service users.

Service users will be allowed to to take showers for personal hygiene and sanitation.

In addition we provide hygiene packs of a variety of toiletries sufficient for a weeks supply.

As well as having breakfast, individuals will receive where required, basic personal hygiene packs for the week, containing tooth paste, tooth-brushes, vaseline, soap tablets and a pair of clean socks.

We NEED your help!

Your funding will help us sustain these provisions

GET INVOLVED & VOLUNTEER!

VOLUNTEERING

Our volunteers help with cooking, setting up and down, cleaning and very importantly spending quality time talking and engaging with our service users.

Our weekend drop-in service is busy. All our staff are members of the community who volunteer their free time on a rota basis. If you have any spare time to get involved, please don't hesitate to get in touch – we'd love to hear from you. We will require you to fill in a volunteer application form and send it back to us.

CORPORATE VOLUNTEERING

You can find out more about volunteering generally for The Big Breakfast Table by calling us on 020 8597 7111 or visiting our website www.therlc365.org

If your company or organisation would like to volunteer, we would love to have you!

We have spaces for corporate volunteering without too much hassle.

Please contact us if you want to join us.

PROJECT FUNDING AND SUPPORT

DONATIONS

As some of our services are fee paying at highly subsidised levels, we rely on donations and sponsors to fund all our work. Many of our staff are volunteers thereby ensuring that all donations and funds go entirely towards meeting the needs of our service users and families.

FUNDRAISING

Please contact us if you're about to fundraise - we are always looking for ways in which we can raise much needed funds to increase the coverage and value of these projects. Please do get in touch if you can help.

The Big Breakfast is an expensive and time consuming project that costs up to £2000 per weekend. With the rising cost of daily living it is becoming more challenging to sustain, hence the need for funding and financial partnership.

SPONSORSHIP

At present the project is primarily sponsored by the RLC Community Resource Centre and The Redeemed Christian Church of God – International Christian Centre, Chadwell Heath Parish. We welcome and would greatly appreciate funding from more sources and benevolent members of the public.

About to go run a marathon, busk, a bake-off, a bicycle challenge or anything creative etc.?

We NEED to attract more funding and volunteers with time, to enable us to reach more individuals and families in need.

OUR ACCOUNT DETAILS

THANK YOU FOR YOUR HELP

We welcome monthly donations via bank transfer to our account by setting up a monthly standing order or give a generous one- off lump sum.

Either way we greatly appreciate anything that helps in achieving this goal of serving and adding value to the lives of people in our community.



Alternatively, you can send us a cheque made out to **'The RLC Community Resource Centre'**

Account Name:
RLC Community Resource Centre

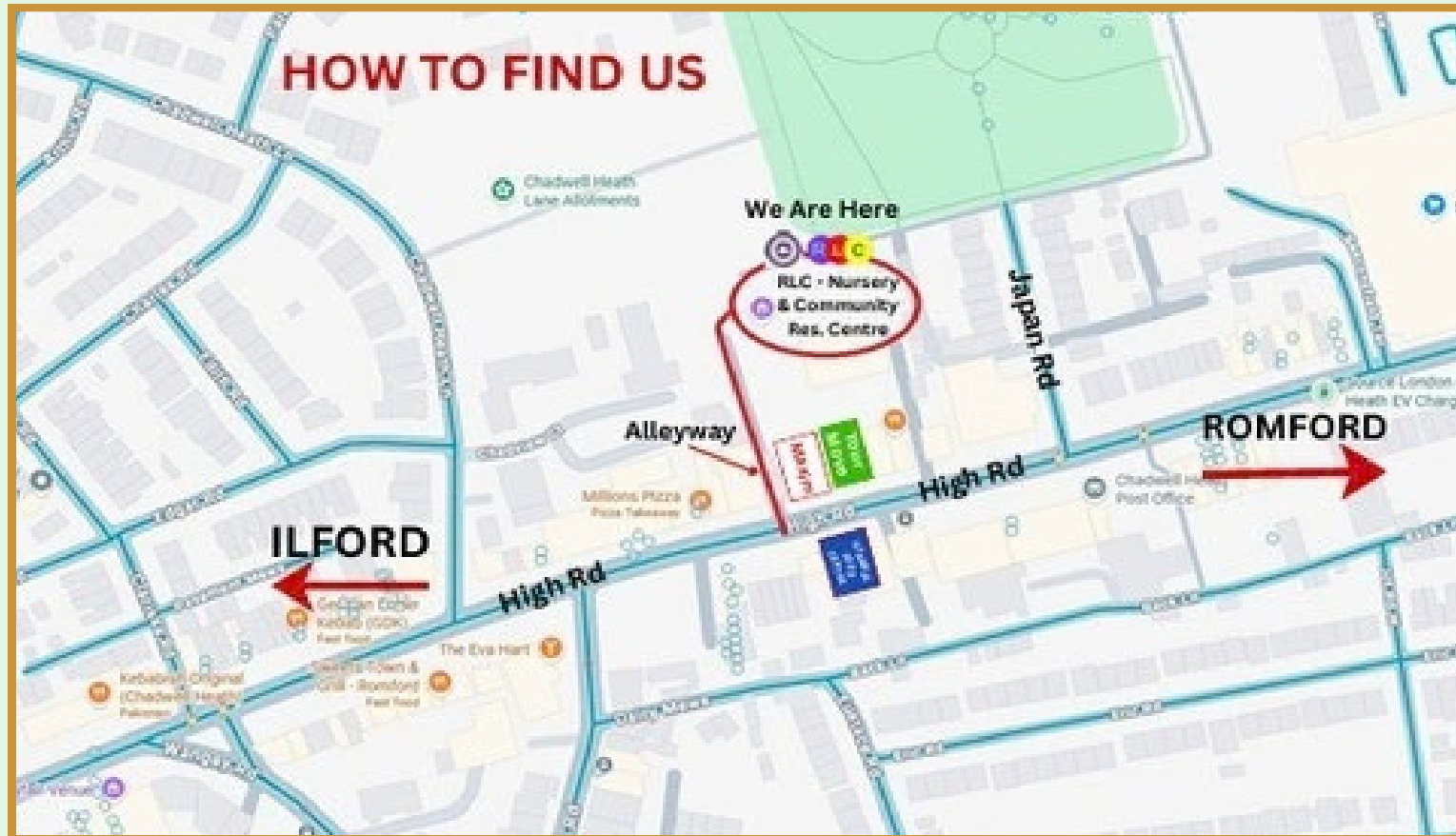
Bank:
Barclays Bank

Sort Code:
20-53-04

Account Number:
60495387

LOCATION

WE ARE HERE!



LOCATION

RLC Community Resource Centre
Rear of 31-35 High Road
Chadwell Heath
Romford, Essex
RM6 6QJ

www.therlc365.org
www.iccrccg.org

CONTACT US:

Email:

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Phone:

**0208 5977111 or
020 8599 8111**

SPONSORED BY

COMMUNITY RESOURCE CENTRE

Working in Partnership with Barking & Dagenham

